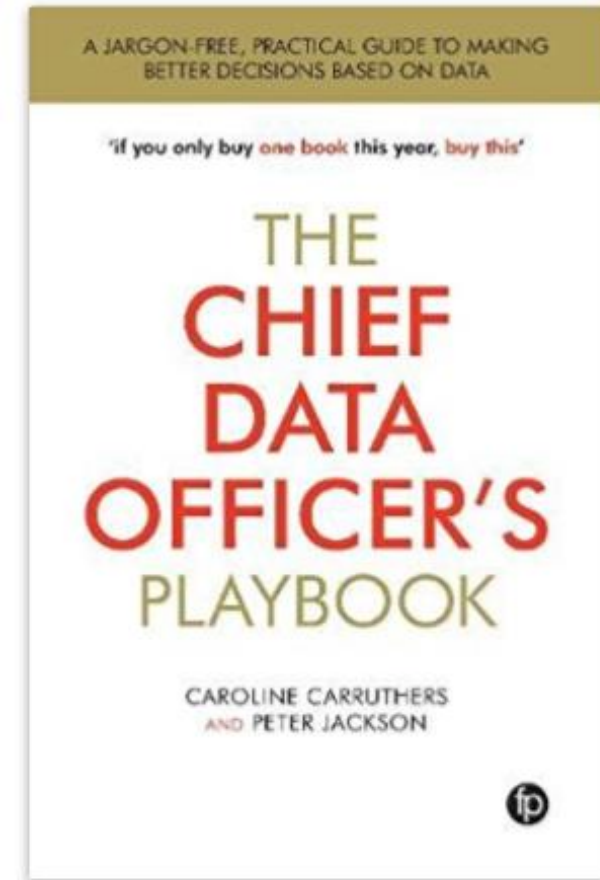
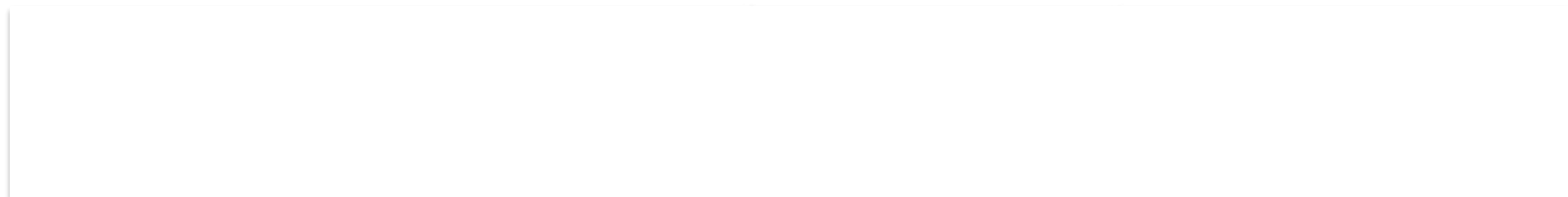


□□ CARRUTHERS  
□□ & JACKSON

# The Hoarding Principle



# A story about hoarding





# It's OK - IT does all this for us



# Cognitive behavioural therapy for companies

- Discover why they are compelled to hoard
- Learn to organise possessions in order to decide what to discard
- Develop decision making skills
- Get help from a professional
- Gain and perform relaxation skills
- Have periodic visits and consultations to check a healthy lifestyle

